Duck broth strained overnight

Cuisine: Czech

Food category: Poultry



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Program steps Preheating: 205 °C Termination by time **③** 00:15 **∄**≎ 190 100 **>>>** Hot air 100 hh:mm X Opečená žebra se zeleninou vysypte do GN 250mm vysoké, zalijte vodou. Termination by time 16:00 hh:mm X

20.6 g

42.4 g

53.5 g

0 g

Ingredients - number of portions - 10			
Name	Value	Unit	
duck skeleton	2600	g	
onion	300	g	
carrot	600	g	
parsley root	600	g	
celery root	600	g	
celery sticks	200	g	
garlic	100	g	
bay leaf	2	g	
allspice	2	g	
ground black pepper, ground	2	g	
salt	100	g	
water	12	l	

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ground black pepper, ground	2	g	
salt	100	g	
water	12	l	
Nutrition and allergens			
Allergens: 9 Minerals: Ca, Co, Cr, Cu, F, Fe, I, K, Mg, Mn, Na, P, Se, Zn Vitamins: A, B, B6, C, D, E, K, Kyselina listová			
Nutritional value of one portion		Value	
Energy		680.5 kJ	

Directions

Salt the duck carcasses and place them on the Vision Bake and add 1/3 of the cleaned root vegetables cut into wedges and lightly drizzle with oil.

- 1. Bake the prepared skeletons with vegetables.
- 2. Put the roasted skeletons together with the vegetables in a full GN 250 mm high, add water and spices. Put the base prepared in this way back into the convection oven and cook slowly.

The next day, strain, season and serve.

Recommended accessories

Carbohydrate

Fat

Protein

Water



