Retigo Combionline | Cookbook | Poultry 8.3.2022

Baked Chicken Leg

Cuisine: Other

Food category: Poultry

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Program steps **o** 50 M Termination by Combination **M** 75 **3** 140 100 $\overline{\mathbf{X}}$ core probe temperature Termination by time **>>>** Hot air | | | 0 **∄**\$ 200 X **③** 00:15 hh:mm

Ingredients - number of portions - 10 Name Value Unit chicken legs 10 pcs vegetable oil 0.5 l ground smoked paprika 50 g salt 50 g ground black pepper, ground 8 g garlic 20 g

| salt | 50 | g |
|---|------|---|
| ground black pepper, ground | 8 | g |
| garlic | 20 | g |
| | | |
| Nutrition and allergens | | |
| Allergens: Minerals: Ca. Co. Cr. Cu. F. Fe. I. K. Mg. Mn. Na. P. Se | . Zn | |

| Nutritional value of one portion | Value |
|----------------------------------|-------|
| Energy | 25 kJ |
| Carbohydrate | 3.5 g |
| Fat | 0.8 g |
| Protein | 0.9 g |
| Water | 0 g |

Directions

Mix the spices with the oil and clean the meat.

It is best to marinate 24 hours before baking.

Bake on baking trays, approximately 6 pieces each, in 40mm deep trays.

Baking with a probe.

Recommended accessories

Vitamins: A, B, B6, C, D, E, K

