Retigo Combionline | Cookbook | Pastry 13. 3. 2023

baguette

Cuisine: **German**Food category: **Pastry**

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>>> Hot air



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Ingredients - number of portions - 8		
Name	Value	Unit
water	330	ml
plain wheat flour	500	g
fresh yeast	0.01	g
salt	0.01	g
honey	0.02	g
munich malt	100	g

100

Nutrition and allergens	
Allergens: 1 Minerals: Vitamins:	
Nutritional value of one portion	Value
Energy	222.5 kJ
Carbohydrate	45.6 g
Fat	1.3 g
Protein	6.9 g
Water	0 g

Directions

② 00:15

- Dissolve yeast in warm water

hh:mm

- Add half of the flour and honey and knead into a dough
- Mix the remaining flour with salt and baking malt and spread on the dough
- Let rise until visible cracks appear in the flour
- Knead into a dough
- Portion 100g of dough and shape into baguette rolls