Herb Baked Chicken Thighs QSR

Cuisine: Chinese Food category: Poultry



Author: Gary CHIU Company: Retigo Asia

Program steps

Pro	eheating:	210 °C								
1	See Combine	ation	أ 100 %	O Termination by time	() 15:00	mm:ss	8° 195	°C 🕂 90	% 🗙	
2	See Combin	ation	أ 100 %	O Termination by time	() 13:00	mm:ss	∂ ≎ 190	°C 🕂 90	% 🗙	
3	## Hot air		 ↓ 0 %	O Termination by time	05:00	mm:ss	8≎ 200	°C 🕂 70	% X	

Ingredients - number of portions - 56

Name	Value	Unit
chicken legs	280	g

Nutrition and allergens

Allergens: Minerals: Vitamins:

Nutritional value of one portion	Value
Energy	7.9 kJ
Carbohydrate	0 g
Fat	0.5 g
Protein	1 g
Water	0 g

Directions

√ The first stage

 \diamond Preheating and steaming at 210°C, open the door to lose temperature, increase by 15°C

♦ This parameter is for high-temperature roasting, the recipe does not use sauce, sugar, sauce color

 \diamond Made of 1/1GN stainless steel flat mesh, 7 trays and 56 bone legs

\checkmark The second stage

 \diamondsuit High temperature steaming and roasting at 195°C, fast cooking and ripening chicken protein

♦ Made with 7 stainless steel flat screens and 56 roasted chicken legs♦ Program time cooking, chicken drumsticks must be completely defrosted

\checkmark The third stage

 \diamondsuit In the third stage, the cooking temperature is lowered and steamed at 190°C for 13 minutes

 \diamondsuit Continuous cooking and heating, ripening chicken thighs and maintaining moisture

 \diamondsuit The grilled chicken legs use the flat mesh hot air to circulate evenly and heat quickly

\checkmark The fourth stage

 \diamondsuit In the fourth stage, the cooking temperature is raised and dry baked at 200°C for 5 minutes

 \diamond Convert to dry roasting, the dehumidification valve quickly discharges the moisture in the oven

 \diamondsuit In the final stage, the temperature is increased, and the color is quickly colored to achieve a crisp effect

Recommended accessories



Stainless wire shelving