Retigo Combionline | Cookbook | Poultry 12. 4. 2023

Yakitori Chicken Wing Skewers

Cuisine: Chinese Food category: Poultry





Program steps

Preheating: 265 °C

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Combination







mm:ss







Ingredients - number of portions - 10

Name	Value	Unit
whole chicken	30	pcs

seasoning recipe

Name	Value	Unit
sake	100	ml
sea-salt	5	g
ground white pepper	5	g

Nutrition and allergens

Allergens: Minerals: Vitamins:

Nutritional value of one portion	Value
Energy	1.9 kJ
Carbohydrate	0.3 g
Fat	0 g
Protein	0.1 g
Water	0 g

Directions

- \diamondsuit It is recommended to soak in water and drain when using wooden skewers, but not to use iron skewers
- ♦ Season and marinate the chicken wings for 4 hours, then absorb the water and set aside
- ♦ The butterfly knife in the chicken wings is cut in half from the middle, and then connected in half, using wooden skewers to skewer ♦ It is recommended to use an omelette pan to make it. The omelette pan does not need to be preheated, and it can be cooked directly in the oven
- \diamondsuit The hole size of the chicken wing string omelette plate is just right, use deep frying until golden brown

Recommended accessories



