Retigo Combionline | Cookbook | Poultry 12. 4. 2023

Air Fried Chicken Drumstick (frozen, precooked)

Cuisine: Chinese Food category: Poultry



Vitamins:

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Ingredients - number of portions - 10 Name Value Unit chicken legs 120 g

Nutrition and allergens Allergens: Minerals:

Nutritional value of one portion	Value
Energy	18.8 kJ
Carbohydrate	0 g
Fat	1.1 g
Protein	2.3 g
Water	0 g

Directions

- \diamondsuit Frozen pre-cooked chicken drumsticks, no need to defrost before making, just make it directly
- ♦ Bulky frozen raw products are wrapped in dry powder, without pre-frying and pre-cooking, and cannot be air-fried
- ♦ Advantages of oil injection, the surface of fried chicken is uneven, and it can be heated evenly to enhance heat conduction
- ♦ Frozen pre-cooked fried chicken, it is recommended to use a grill net, the hot air convection is more uniform
- \diamondsuit Raw breaded fried chicken tenders, it is recommended to use a baking tray, the heating surface will show a golden effect

Recommended accessories



