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Shaoxing Drunken Chicken Roll

Cuisine: **Chinese**Food category: **Poultry**





Program steps

Preheating:

87 °C

1 A St.

Steaming





hh:mm









Ingredients - number of portions - 10

Name	Value	Unit
chicken legs	250	g

Shaoxing Drunken Chicken Sauce Recipe

Name	Value	Unit
sea-salt	10	g
ground white pepper	10	g
wolfberry	20	g
angelica	8	g
licorice tablets	10	g
astragalus	10	g
rice wine	400	ml
chicken stock	600	ml
red dates	10	pcs
ginger root, peeled and finely chopped	15	g
ginseng	5	g
caster sugar	10	g

Nutrition and allergens

Allergens:

Minerals: Ca, Cu, Fe, K, Mg, Mn, Na, P, Se, Zn Vitamins: A, B, C, E, K, Kyselina listová

Nutritional value of one portion	Value
Energy	58.9 kJ
Carbohydrate	3.8 g
Fat	2.5 g
Protein	5.2 g
Water	0 g

Directions

- \diamondsuit Chicken legs marinated with sea salt, white pepper and Shaoxing wine
- ♦ Use aluminum foil to roll up and shape, steam at 99°C for 8 minutes in advance, take it out and cool down
- ♦ Cook the Drunken Chicken Sauce recipe for 15 minutes, add Shaoxing wine and boil and turn off the heat
- \diamondsuit Remove the aluminum foil and vacuum pack the chicken rolls and sauce. The sauce needs to soak the chicken rolls
- \diamondsuit For low-temperature Shufei cooking, it is necessary to set the correct quality assurance and sterilization conditions for various meats

Recommended accessories







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