Retigo Combionline | Cookbook | Vegetarian dishes 18. 1. 2024

Coconut & Squash dhansak

Cuisine: Indian

Food category: Vegetarian dishes



Author: Phil Smith Company: Retigo



Program steps Termination by time **Steaming ③** 00:15 **₿**\$ 99 X 1 hh:mm **>>>** Hot air 100 \overline{X} **②** 00:30 8 180

Ingredients - number of portions - 10		
Name	Value	Unit
butternut squash	2	pcs
Chopped Onions	2	pcs
Cans of chopped tomato	3	pcs
coconut milk - Cans	2	pcs
Mild Curry Paste - jar	1	pcs
Canned Lentils	2	pcs
fresh baby spinach bags - 200 gr	2	pcs

Directions

Steam the butternut squash on the first program above. Make a sauce with the onion, tomatoes and tomato puree and curry paste, add this to the squash along with the lentils.

Place in the oven on the second program for 10 mins.

Then add the spinach and place back in the oven until wilted.

Take out and serve with Naan bread.

Recommended accessories





