Retigo Combionline | Cookbook | Side dishes 11. 10. 2020

Bun dumpling

Cuisine: Czech

Food category: Side dishes



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Program steps

1	☆ Steaming	Termination by time	② 00:15	hh:mm	₿ \$ 95	°C	 50	%	X
2	Steaming	Termination by time	③ 00:10	hh:mm	∂ \$ 98	°C	 50	%	X

Ingredients - number of portions - 10

Name	Value	Unit
coarse wheat flour	1	kg
milk 3.5%	0.6	l
caster sugar	0.01	kg
salt	0.02	kg
fresh yeast	42	g
rolls	2	pcs

Nutrition and allergens

Allergens: 1, 7

Minerals: Ca, Co, Cr, Cu, F, Fe, I, K, Mg, Mn, Na, P, Se, Zn Vitamins: A, B, C, Cholin, D, E, K, Kyselina listová

Nutritional value of one portion	Value
Energy	354.7 kJ
Carbohydrate	76.1 g
Fat	1.1 g
Protein	10.1 g
Water	0 g

Directions

We will prepare the dough in the classic way, according to custom. We roll out cones weighing approx. 0.5 kg or 0.75 kg.

We place the dumplings in special shaped grates - Inserts for dumplings smeared with fat.

We put it in the convection oven - preferably one drawer at a time. We will set up the convection oven according to the program mentioned above.

After finishing the program, lightly moisten with water and do not pierce.

Take out the dumplings and coat them with fat (lard, butter, oil).

Recommended accessories

